

What should a personal statement look like?

Here is a sample copy of a good personal statement. Please make sure you develop your own but the key is knowing something about the degree you are applying to, the courses within the degree, how it connects to your future career plans, the social and cultural experiences studying will offer you at the university and living in England.

This is a guide, make it your own!

Please make sure Dr Brian Haley at bhaley@udauk.org reads it before submission.

Application to the University of Gloucestershire Sports Therapy Degree program.

I am interested in choosing the Sports Therapy BSc (Hons) at the University of Gloucestershire because I personally have dealt with a few injuries in the past and I have come to appreciate the science and technology that have aided me in my rehabilitation. Looking at the first module in year one (Level 4) that is Scientific Enquiry (SP4029), this module can help me to scientifically analyze genetic diseases like flat feet that could potentially lead to plantar fasciitis and other foot ailments that affects athletes and other civilians. I know this is important as Plantar Fasciitis affects the human body in more ways than one, from how your body is balanced, how you walk, how you play sports, to overall living with it and adjusting to it in your daily life. The degree will also give me insight into Fundamentals of Human Physiology (SP4032) and Fundamentals of Sport and Exercise Biomechanics (SP4035), which I will be able to understand, from a scientific perspective, how the body functions at a physiological and mechanical level to deal with, prevent, and cure people's genetic ailments to improve their wellbeing.

The degree course aligns with myself as an athlete who needs to understand how sports therapy can help me perform and keep in the best possible condition for performance and rehabilitation should injury occur. In addition the degree is helping with my future career plans as someone looking to open up a sport therapy business after my degree.

While I am committed to my academics I want to develop my athletic career to the fullest extent so that I can excel in both those areas of my professional life. This is why I'm applying to the UDA Soccer academy program at the University of Gloucestershire. I understand that at the end of the day my education is the most important thing so I will value the opportunity to earn a quality degree in my Sports Therapy BSc (Hons) with my passion for a professional soccer experience.

In the UK, I am very aware that there is a diverse community to learn other cultures and rituals. With the experiences that I can learn from people that have different traditions other than my own, we can also share and express our diverse understanding of each other. I will also value the opportunity to travel to other European countries.

The opportunity to study, live and travel to England can really help me to reach my truest potential in my education and in my athletics. This will all be a new humbling experience for me and will help to develop my mindset positively for the rest of my adulthood.

I look forward to what the *University of Gloucestershire* can offer me with the Sports Therapy BSc (Hons) degree program and the UDA Soccer Academy Program.